About Us

Chelan-Douglas Community Action Council was created in 1965 as part of America’s War on Poverty. We are a private not-for-profit corporation serving the residents of Chelan and Douglas Counties. We assist individuals and families to move out of poverty into a lifestyle that promotes a safer and healthier living environment, leading to self-sufficiency.

Mission, Purpose and Goal

Our mission is to connect low- to moderate-income residents to resources which create opportunities to reach and maintain self-sufficiency.

Our purpose is to facilitate federal, state, and local resources and engage local communities and businesses in meeting the needs and interests of the economically disadvantaged.

Our goal is to make the entire community more responsive to the needs and interests of the low-income population by mobilizing resources and bringing about institutional sensitivity.

Needs in Our Community

- Poverty Rate: Chelan County 13.3%  Douglas County 13.4%*
- Child Poverty Rate: Chelan County 17.1%  Douglas County 19.2**
- Senior Poverty Rate: Chelan County 12.6%  Douglas County 8.1**

**American fact finder

Board Members

Chelan-Douglas Community Action Council is governed by a volunteer Board of Directors. The Board’s tripartite structure provides equal representation for the public and private sectors and the low-income community we serve.

David Law  Rosalba Gonzalez  Erika Schenkvonstauffenberg
Randy Agnew  Kevin Overbay  Milton Dewitt
Susan Adams  Joanne Palmer  Dan Sutton
Lauren Kendall  Mike Poirier  

Our Promise

Community Action changes people’s lives, embodies the spirit of hope, improves communities and makes America a better place to live. We care about the entire community and are dedicated to helping individuals help themselves and each other.

Revenue

- In Kind/Local Donations: $298,215
- Federal Government: $1,204,303
- Private Sector: $839,724
- Local Government: $643,065
- State Government: $220,974

Expenses

- Food Programs: $501,026
- Housing Programs: $968,093
- Community Programs: $446,649
- AmeriCorps Programs: $314,561
- Energy Assistance Program: $412,076
- Weatherization Program: $457,466
- Administration: $336,883

* Not all leveraged in-kind values are reflected.

Our Community Partners

Since 1965, Chelan-Douglas Community Action Council has been a part of the Wenatchee Valley serving members of the communities in Chelan and Douglas counties. We would like to take this opportunity to thank our partners in local social service agencies, public agencies, school districts, community organizations, businesses and churches with whom we have coordinated services, which has allowed us to extend our reach and serve so many in our community.
What We Do

◊ We manage 50 units of affordable housing.
  24 units of permanent housing.
  26 units of transitional housing for homeless households.

Our transitional units are available for a maximum stay of 24 months while households locate permanent housing and work towards self-sufficiency. Approximately 120 people live in the apartments and we have one single family home.

Rent Assistance

◊ RAPID REHOUSING—33 “literally homeless” households were assisted in obtaining permanent housing.

◊ PREVENTION—15 “at risk” households received assistance with maintaining their housing, preventing homelessness.

PORCH-TBRA—We also operate a Permanent Options for Recovery Centered Housing (PORCH-TBRA) program which provides rental subsidies to qualifying households. These subsidies can be received for a maximum of 24 months while the household is working towards self-sufficiency.

Households are referred to us after qualifying through the Catholic Charities PORCH program.

◊ We were able to assist 13 households that were homeless or at risk of becoming homeless.

HEN—Housing and Essential Needs (HEN) provides rent assistance and household needs to qualified individuals that are referred to us by the Department of Social and Health Services.

◊ RAPID REHOUSING—7 “literally homeless” individuals were assisted in obtaining permanent housing.

◊ PREVENTION—18 “at risk” individuals received assistance with maintaining their housing, preventing homelessness.

◊ ESSENTIAL NEEDS—Helped 310 individuals with personal hygiene products, cleaning supplies and bus tokens.

TBRA—We operate a Tenant Based Rental Assistance (TBRA) program which provides rental subsidies for a maximum of 24 months while households work toward self-sufficiency.

◊ We helped 26 households—that had been homeless or were at risk of becoming homeless—with rent assistance.
Ericka Ramos is a single mother of three children. She came to Chelan–Douglas Community Action Council seeking housing assistance. During that time, Ericka was temporarily staying with her mother and siblings. There wasn’t enough room for all of them. Her mother had given her notice to vacate. She applied for the TBRA (Tenant Based Rental Assistance Program) which is a two year self-sufficiency program. She was placed on the waiting list in January of 2017 and was contacted in March of 2017. She was still staying with her mother and wasn’t having any luck obtaining housing that she could afford on her own. She was interested in the TBRA program. Ericka received her voucher in April and began to look for housing. She had found an apartment that would accept her with the TBRA voucher. She obtained housing in June of 2017. Ericka set goals to obtain while she was receiving a subsidy. Ericka set up 7 goals to work on during the first year of her subsidy and by the end of that year she had accomplished all of her goals. During the course of the first year, she was able to pay off all of her bills and only has to pay rent, electricity and her cell phone bill. Ericka was able to obtain a higher paying job, because she was able to finish her education and pass her test. At the time of her annual recertification she became over income for the TBRA program, which meant she would no longer receive a subsidy. Ericka was prepared and ready to pay the full amount of rent on her own. “TBRA helped me to obtain better employment; I was able to manage my bills, for the first time I was able to catch up. I even learned how to save up money. I also now have a 401k.”

The 2018 Point In Time count determined there were 474 people that were homeless in the Wenatchee area. Lack of available apartments and rental houses is the biggest barrier to our success in housing the homeless.
Community Center

The Community Center was established to unite the community by embracing cultures, families and individuals through collaboration, assistance and support. It has been serving the greater Wenatchee area for ten years and since January 2014 has been managed by Chelan-Douglas Community Action Council.

◊ The Literacy Council, a program of CDCAC, promotes English Literacy by offering free English lessons and citizenship classes taught by volunteers. In the 2017-18 program year, the Literacy Council provided 258 adults with the opportunity to assess their abilities and decide whether or not an English class is the best fit for their personal goals. 134 adult students received free tutoring. Most attended three hours of small-group classes per week by 40 volunteer tutors, who committed to a minimum of three months each to tutoring. An additional 4 students learned to read and write for the first time, and 8 students attended citizenship class to prepare for the citizenship interview process. Many took advantage of drop-in conversation classes and computer-based English learning programs. Overall, 76% of those who finished 45 hours of class measurably improved their English skills, and students attended a cumulative 3,793 hours of class time.

◊ Community Choice is a source for health information and access to healthcare. In 2018 the SHIBA Program was able to assist 2,000 people. There were 10 workshops for those with chronic diseases serving 258 people. 3,200 people were served by healthcare coordination in their own homes.

◊ Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. In 2018 the group Amigos Unidos met in the evenings six days a week. Two committees met weekly or monthly to support communication between individual AA groups. An anniversary and informational event was open to the public and attended by approximately 100 people from all over central Washington State.

◊ Child Care Aware, part of Catholic Charities, offers Play & Learn, a safe place for children to develop a love of learning and work on school readiness. In 2018, they served 403 children, 241 parents and 43 caregivers. Services for autistic children and their caregivers are also available.

◊ Veterans’ Service Office from January 2018 to December 2018, the Veterans’ Service Office was able to serve about 389 Veterans. Services included; 48 financial assistance appointments, 31 VA Health care applications were processed, 18 housing referrals/assistance, Standard Form 180; 75 were processed (requesting records like DD214, medical records), 93 veteran assistance (questions, referrals, consultations), 74 VA benefits claims are in process. There were also 13 homeless identified and 18 at financial risk. There are different groups of veterans meeting regularly at the Veterans’ Hall.

◊ Therapeutic Yoga is offered at no cost by Wellness Place and the WRAC for survivors of cancer or any chronic illness, as well as caregivers. The weekly class makes the healing aspects of yoga accessible to many who are not able to do traditional yoga.
◊ **Coming Home Ministries** met once every two weeks for religious services at the Veterans’ Hall. They will continue to use the facility in the upcoming year.

◊ The **Wenatchee Valley Humane Society** serves the community through education, protection and pet adoptions. In 2018 they offered four low-income spay/neuter clinics and altered about 228 cats. The clinics were operated by approximately 30 volunteers, 3 WVHS paid staff and 3 to 4 local veterinarians performing the surgery.

◊ **Second Harvest Mobile Food Bank** held five distribution events in 2018, from April through October. They distributed over 38,970 pounds of food to 725 families with the help of 96 volunteer members.

◊ The **American Red Cross** prevents and alleviates human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors. Twenty-two blood drives were held in 2018, 529 members of our community donated blood - potentially saving over 1,587 lives

◊ The mission of the **Wenatchee Food Bank** is to provide food to all individuals and families within the community who are in need. Free food is offered to whoever needs it on Thursday mornings. An estimated 10,636 households were able to collect 310,217 pounds of needed food at no cost.

◊ **Summer Food and Fun**, a weekly summertime program, provided activities for children, nutritional information for parents, and free meals for everyone. In 2018, 125 breakfast plates and 120 lunches’ to-go were served to families. Various members of the community took part in educating those who participated in the program. Speakers included the fire department, the police department, a swimming coach, paramedics, and a nutritionist.

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**ONE-TIME RENTALS**

Our one-time rental activity decreased in 2018 for both our Social Hall venue and the Veteran’s Hall. The events include wedding receptions, baby showers, quinciañeras, other private parties, meetings, trainings and conferences.

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<tr>
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<th>2017 Rentals</th>
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<td>82</td>
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<tr>
<td><strong>Veteran’s Hall</strong></td>
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All of the available **Cesar Chaves Garden** plot beds were rented for the 2018 growing season, May through October. A variety of vegetable and flower gardens were planted, cultivated, harvested and enjoyed. All garden beds were cleaned and made ready for next year’s season. This year was a little different, the garden now has a name. Our community had the opportunity to decide on the name. Art was added to our fence and a shed was set on the corner of the Community Center parking lot for our gardeners to store tools.
Our Mission
The mission of the Literacy Council of Chelan and Douglas Counties is to actively promote literacy awareness in our community and provide direct tutoring instruction in reading, writing, listening, speaking, and life skills to motivated adult learners in Chelan and Douglas Counties.

What We Do
In the 2017-2018 program year:

◊ We provided **258 adults** with the opportunity to assess their abilities and decide whether or not an English class is the best fit for their personal goals.

◊ **134 adult students** received free small-group tutoring, 3 hours per week.

◊ **76% of the students** who attended at least 45 hours of class improved their English on standardized assessments.

How We Do It
We recruit volunteer tutors who tailor lessons to students’ individual needs. In 2017-18, **40 volunteers** committed a minimum of three months each to tutoring.

All volunteers receive an 8-hour training on ESL instruction and lesson planning. They also have access to teaching materials and staff guidance.

The Need We Address
According to U.S. Census data, our region has a higher than average percentage of individuals with limited English proficiency. In Chelan and Douglas counties, **13.2%**, or about **10,500 adults** do not speak English fluently (compared with 8.6% nationwide and 7.8% statewide).

By helping adults improve their English abilities, they are better able to earn a living wage and contribute to the local economy. They are also more informed as voting citizens, better able to help their children in school, and more equipped to communicate in day-to-day situations. The increase in their self-confidence and self-efficacy is the most apparent and life-changing impact.
Isidra and Maria were two friends who attended class together at the Literacy Council. Maria had lived in the U.S. for over 30 years, raised five successful children, but was still fairly isolated since she had never learned English. She was hesitant to register for classes until Isidra—a regular student—encouraged her and brought her in to meet us. We placed the two of them in a small, four-person class. They studied together and walked to class together, hardly missing a day, even in bad weather. Maria surprised us all by improving her English the most of any student that year—advancing three times the norm. After four months of class, she described the impact it had on her: she could generally understand the English that people were speaking around her, and could read signs around town and knew what they meant. After 30 years, she suddenly felt so much more connected to the wider community and was far more independent in meeting her own needs in English.
Intermountain AmeriCorps

What We Do

- In the 2017-2018 program year our 19 AmeriCorps members contributed over 31,500 hours of volunteer service to communities all over North Central Washington.
- Our members helped address community needs through 4 one-day team service projects.
- Through the efforts of our members, we directly served the communities of Wenatchee, Omak, Brewster, and Leavenworth.

Who we are

Intermountain AmeriCorps members come from all across the country to serve North Central Washington. Our team is currently comprised of two types of AmeriCorps members:

**Washington Service Corps**

Our Washington Service Corps (WSC) AmeriCorps members provide direct services to communities in need. These members tutor students in school settings or they provide job readiness skills to economically disadvantaged adults. WSC AmeriCorps members serve full-time for 10.5 months, accumulating over 1700 hours of service each during the duration of their terms.

**VISTA**

Our Volunteers in Service to America (VISTA) members eliminate poverty by developing and supporting capacity building efforts in our community. Currently our VISTA members are helping to address issues of homelessness, food insecurity, and literacy through fundraising, program development, and volunteer recruitment. VISTA members serve full-time for 12 months, all while committing to live on a modest living allowance that mirrors the local poverty level.
Member Reflection Ryan Cole:

From August 2017 to August 2018, I served as an AmeriCorps VISTA at Chelan-Douglas Community Action Council. It changed my life forever. I learned new skills, learned new things about myself, and walked away with new friends and family.

Coming into my VISTA year, I did not know what to expect. But the staff and volunteers at Chelan-Douglas Community Action Council helped me to discover my strengths and allowed me to be creative in my service. I performed community outreach via social media, I wrote grant proposals for their myriad of programs, and I even got to learn a thing or two about cooking!

One of my proudest moments as a VISTA came when I helped to plan one of our Intermountain AmeriCorps service projects. I connected with Ohme Gardens and together we found a project perfect for our team.

I’m grateful for the opportunity to have served at Chelan-Douglas Community Action Council. My experience there led to me serving another year in AmeriCorps, this time as a VISTA Leader.

IMPACT:

- K-12 students received tutoring which increased their test scores in math and literacy.
- Low-income adults became job ready.
- Community volunteers were recruited to help serve the needs of our area schools, non-profits, and organizations.
Who We Are
The Retired and Senior Volunteer Program of North Central Washington recruits, trains and places senior volunteers (55 years of age and older) in local non-profit organizations, schools and faith-based organizations. RSVP volunteers do vital work to address critical community needs in six counties: Chelan, Douglas, Okanogan, Grant, Adams and Lincoln.

Meeting Community Needs
RSVP focuses on two primary areas of concern:

- **Hunger relief** - Including food banks, emergency food distribution, congregate meals, food delivery to the home bound, backpack and green bag programs.
- **Healthy Future** - Including activities and programs such as fall prevention classes which enable seniors to remain more active and live independently longer.

By The Numbers
Currently over **452 RSVP Volunteers** are placed in more than **27 local organizations** throughout **six counties in North Central Washington**.

In 2018 we had almost **270 RSVP volunteers** that served 24,805 residents through Food Banks, Mobile Meals, OCTN (funded by Aging & Adult) meal programs, Red Cross, Literacy Council, Senior Falls Prevention Stay Active & Independent for Life (SAIL) classes and Weekend Backpack programs just to name a few.

RSVP partners with Mobile Meals and Meals–on–Wheels to recruit and retain the volunteers who deliver daily meals to **3,123 local residents**.

We collect and distribute food through food banks to **18,853 clients** with 271 volunteers.

RSVP partners with Wellness Place and Aging & Adult to coordinate volunteer support and instruction with our Stay Active and Independent for Life (SAIL) classes. We have **90 volunteers** that teach to **864 participants**.

We have **38 “Packing Friendship” backpack volunteers** who help provide weekend bags to **1,425 students** every week.
The Fall Prevention Program utilizes an evidence based curriculum and public domain program called SAIL (Stay Active and Independent for Life). The classes are taught by fitness, exercise science and healthcare professionals who have completed SAIL Program Leader training. All program leaders are carefully selected for their ability to deliver effective and efficient training, while adhering to the core components of the SAIL Program. Leaders work with participants to help achieve the best results from the fitness classes.

Rene Todd is a practicing Registered Nurse (RN) with North Valley Hospital in Tonasket and an instructor of nursing at the Wenatchee Valley College, Omak Campus. Through her love of working with seniors she became involved in Fall Prevention and took classes to become a SAIL Exercise Trainer through RSVP. Karen, RSVP Volunteer Coordinator says, “I love working with Rene and her passion for helping seniors has rubbed off on me. I see the results of the program first hand. My own father and father-in-law would probably still be alive if they had been involved with the program. Both of them died within 6 weeks to 2 months of falling.”

SAIL classes are evidence-based to improve strength and balance. Which in turn, prevents elderly and disabled community members from falls that are the leading cause of accidents contributing to death for seniors.

Rene has trained over 22 instructors and RSVP of NCW has created 9 classes in Okanogan County alone.

RSVP of NCW has a total of 93 instructors and over 35 stations where classes are taught, and Rene has been a big part of that.
THE BACKPACK PROGRAM

“Packing Friendship” weekend backpack program partnered with RSVP 5 years ago. It is intended to provide food for children who are at risk of going hungry. The students served by the weekend backpack program typically rely on the free and reduced lunch program to provide their breakfast and lunch during the school week. “Packing Friendship” seeks to bridge the gap between the food provided by the school through the free and reduced lunch program and the students' needs while away from school on the weekend and during vacations.

We now serve 944 children through 25 churches and 2 service clubs and every school is sponsored by a church or service club in our community. Our numbers keep growing and we keep expanding. We have 38 volunteers and they are all very passionate about helping our kids.

Farmers Market-CDCAC

The past 2 years RSVP has partnered with The Wenatchee Valley Farmers Market at Pybus Public Market by utilizing RSVP and community volunteers to glean fresh produce from the vendors at the closing of the market on Wednesdays and Saturdays every week from June through October.

Volunteers go around at the closing of each market day and ask the vendors if they would like to donate produce to local food banks. The vendors are very receptive to the idea and often donate. Produce is then collected and weighed by the volunteer, and a receipt for the poundage given to the vendor. Staff and volunteer from CDCAC’s Food Distribution Center warehouse then picks it up and distributes it out to 10 food pantries in Chelan and Douglas Counties.

2018 proved to be a much more “fruitful” year for produce donations from the Wenatchee Valley. From mid-June to mid-October, we gleaned 7,725 lbs., which is 4,457 lbs. more than 2017. We had a great year!!
RSVP-Community Action’s Green Bag Program

Our Green Bag is an easy way to fight hunger in our local community. We give our neighborhood partners a green bag and every time they shop, they purchase one extra non-perishable food item and add it to their bags. Every two months (except Postal Carriers Food Drive in May), Our volunteer drivers will come to their house on the 2nd Saturday, pick up the green bag and leave a new one to be filled again. We pick up 5 times a year. It’s just that easy! The more the word spreads the program the more we grow.

Community Action started the program in 2014 with under 500 lbs. collected and we finished 2018 with 15,270 lbs. We now have 19 volunteers who collect food from neighborhood residents.

Plus, collect from 11 area businesses and 11 Confluence Health departments.

What our customers have to say:

“The food we receive has been a tremendous help to me and my family. It has provided us with the extra help we need to get by.”

“Green Bags takes the worry away I don’t have to pick between snacks for my kids and paying a bill if I don’t have enough. Before if I didn’t have enough to cover the bills I would have to pull from our grocery budget.”

“When your income is low, that food makes all of the difference in your fridge.”
Weatherization

About the Program
The Weatherization Assistance Program provides FREE weatherization to income-eligible homes in Chelan and Douglas counties. Weatherization specifically focuses on assisting low-income people—primarily the elderly, persons with disabilities, and families with children. Weatherization helps households by installing energy efficient measures such as attic, wall, floor, water pipe and duct insulation, as well as improving the safety of the home by performing heating system improvements and mechanical ventilation. This can also include replacing some of the home’s windows and exterior doors. Both single-family and multi-family buildings can be assisted. Energy cost savings average 20-30% to individual households. In 2018, we assisted 27 households with Weatherization services.

How Does Weatherization Work?
Our experienced Weatherization technician will conduct an energy audit on the single-family, multi-family or mobile home. Diagnostic equipment is used to identify air infiltration, pressure imbalances, and areas of heating/cooling loss. Our Technician will also evaluate related health and safety conditions, such as carbon monoxide hazards, gas leaks, or moisture problems. Our Weatherization crew will then install the most cost-effective energy efficiency measures based on the results of the energy audit. Throughout the process, our crew will educate the home’s occupants about the measures being installed, how to maintain the measures, and ways to further reduce energy use.

Typical Weatherization Procedures Can Include:
• Sealing cracks, gaps, and holes around doors, windows, pipes, and wiring that penetrate the ceiling, floor, and other areas with high potential for heat loss in the winter or heat increase in the summer.
• Sealing furnace ducts, this can account for 20% of heat loss in winter and also cause cool air to escape in the summer.
• Installing/replacing dryer vents, which can allow moisture and air into the home if not vented properly.
• Providing proper ventilation to the home to prevent moisture buildup.
• Installing insulation in walls, floors, and ceilings around ducts, pipes, and water heaters, and near the foundation and sill.
• Installing economic low-flow showerheads and smart thermostats.
• Replacing bulbs with energy efficient LED bulbs.
• Minor health & safety repairs to make the home more safe and durable.

Weatherization Works for Communities
By:
• Increasing energy efficiency.
• Reducing pollution from power plants.
• Channeling energy savings back into the local economy.
• Improving safety and affordability of neighborhood housing stock.
• Helping to create an empowered community.
Previous customers had the following feedback after having their home weatherized:

“My mom and I are very grateful for the professionalism, generosity and quality of work provided by the Community Action Council. Making this type of service available and possible in our community is no doubt challenging but the benefits for the recipients of these services financially and in many other ways, are immeasurable. My mom loves her new windows, heating system and cozy, comfortable home. You’ve made a wonderful difference in her life!”
– Chelan County Resident

“First of all, the Weatherization Auditor and crew were very professional. They replaced the slider door with a vinyl one and we don’t have to worry about our kids burning their hands on the metal door anymore. They also replaced our back door and because of this we have the ability to feel secure in our home with a new, locking door. Our family’s overall comfort in our home has been improved and we are very pleased with the work your crew did for us.”
– Douglas County Resident
Community Action’s Energy Assistance Programs help low-income households in Chelan and Douglas counties maintain power and heating, especially during the winter. Various programs can help households with energy bills, depending on the energy sources in the home, such as electricity, wood, propane, natural gas, oil and coal.

LIHEAP (Low Income Home Energy Assistance Program) is a federally funded block grant, administered by the Washington Department of Commerce through local agencies like Chelan-Douglas Community Action Council, which provides money to help low income households make home heating more affordable, avoid shutoff of utility services during the winter, and maintain a warm, safe, and healthy environment for households with young children, the elderly, and the disabled.

Our program year runs from October through June. From October 2018 through April 2019, we have been able to assist 925 households with LIHEAP funding. Household’s income and heat burden are calculated to determine a one-time payment up to $1000 toward their main source of heat. For example, if a home has electricity service through Chelan or Douglas county PUDs, their award would be issued as a credit on their PUD account.

Additionally, we have helped 9 households with emergency heat repairs/replacements through a subset of the LIHEAP program called OES (Other Emergency Services).

We also assist Chelan county residents in applying for Chelan County PUD’s Senior or Disabled Discount.

Income and Age requirements: For the senior discount, must be age 62 or over and earn less than $30,000 a year combined income for all household members. For the disabled discount, must have proof of disability and income at 125% or less of the federal poverty level. Only Chelan County PUD customers are eligible for this program.

We currently have 3 Energy Donation programs: Winter Help, Helping Hand and Neighbor to Neighbor. These programs are donation programs through Cascade Natural Gas, Chelan County PUD & Douglas County PUD. They are to help with disconnects, and shutoffs notices.
We provide opportunities for low and moderate-income residents in Chelan-Douglas Counties to build, maintain and preserve assets through investments in education and personal savings. Two primary ways we are able to do this is through financial literacy education and our longstanding partnership with the AARP Foundation’s Tax-Aide program.

With our financial literacy classes, we aim to educate and empower our students to find customized ways to approach resource management. Our topics range from banking, budgeting, and even ways families can utilize technology to save money on everyday purchases. Our classes are free and available upon request. In 2018, on top of presentations to community partners like Wenatchee Head Start, we also started doing home visits with families who participate in CDCAC’s Housing Program.

Our free tax preparations services are available thanks to our partnership with the AARP Foundation. Every year we are able to help residents throughout North Central Washington have their taxes prepared by a trained volunteer for free. This service is offered for low to moderate income community members. In 2018 we had 3 locations, Wenatchee Senior Center, Wenatchee Valley College (Omak), and the Oroville High School. The sites operate throughout each tax season by volunteer teams who have spent time training each year for various tax codes and IRS standards. By the end of each season, our volunteers have given hundreds of hours of their time in order to meet this tremendous need. In 2018, we had 30 individuals who volunteered with us to complete 1,015 tax returns.

Leaders from District 15 Tax Sites gathered together for their Fall Planning Meeting. These leaders gave hundreds of hours to ensure that tax sites within the district would run smoothly.

Some volunteers from the Wenatchee Tax Site during their Volunteer Appreciation Lunch held in May 2018.
Wenatchee Valley Empty Bowls is an annual fundraising event designed to bring together the community through creative expression, food security and hunger relief education. Community members are invited, in exchange for a $10 donation, $35 for a family of up to five, to come and paint a commemorative ceramic bowl at a community painting and attend a simple soup and bread dinner. Each year the event is sponsored both financially and in-kind by local businesses and organizations who are passionate about reducing the effects of hunger and building a healthy and happy community.

Pybus Public Market was the location of our four community paintings. Inspirations Ceramics and Art Cafe staff members provided materials and instructions on how to personalize the bowls and turn them into masterpieces. Once the bowls are completed, they were returned to their creators during the dinner. Guests also had the chance to bid on silent auction items, win raffle items and listen to a lively musical performance by Wenatchee Valley College students.

Currently, in Chelan and Douglas counties approximately 1 in 4 children are experiencing food insecurity, which is the state of being without reliable access to sufficient, affordable and nutritious food. It is estimated that a little over 10,500 community members in our two counties are in need of food assistance each month. This year Wenatchee Valley Empty Bowls had 726 bowls painted and raised about $10,000 for the Food Distribution Center, which currently helps support ten local food banks and four meal programs throughout Chelan and Douglas counties. To help or support the event call 509-662-6156 or visit our website www.cdcac.org.
The Summer Food and Fun program is a free summer program providing family activities and meals to area families, especially families that face food insecurity. One in four children in the Wenatchee Valley faces hunger as well as one in ten adults. This annual event is hosted by Chelan-Douglas Community Action Council and is sponsored by Molina Healthcare, Confluence Health, and the North Central Washington Foundation for Youth. We saw 55 people over the summer of 2018, many of whom attended the event every week.

We start the morning off with breakfast and activities usually themed around healthy lifestyles and the guest speaker's topic.

Once families have a chance to eat and play there is a presentation. Group presentations are around 20 minutes and are great for kids and adults alike. After the presentation, families have the chance to take home a packed lunch. Our guest speakers are selected each year based on feedback we receive from our participating parents. A few of our 2018 speakers included:

- Apple Valley Gymnastics
- Master Gardener
- Chelan County Fire District 2
- Chelan County Sherriff Deputy Scott Moen
- And more!

We asked participants how they implement the information learned from the Summer Food & Fun Program, and they said:

⇒ “Eat more vegetables.”
⇒ “Les gustan mucho las actividades que se hacen y las practican en casa” “they like the activities and they practice them at home.”
⇒ “We talk over today’s subject over dinner and look for books regarding the subject.”
The North Central Washington Food Distribution Center distributes more than 1 million pounds of food annually to area food banks and meal programs throughout Chelan and Douglas counties. Together we serve an estimated 10,500 community members each month. The Food Distribution Center receives food from government surpluses, Green Bag Program donations, donations from local businesses, organizations, community members, farmers, and food drives. If you are interested in making a food donation, volunteering or hosting a food drive please contact us at 509-662-6156 or visit our website www.cdcac.org.

This year, with the funds raised by our Empty Bowls event, we were able to purchase new storage racks for the North Central Washington Food Distribution Center, these racks almost double the amount of space we have to store the food we receive.
Food Pantries

Cashmere Emergency Food Bank
Cashmere Methodist Church
109C Railroad Ave., Cashmere
2nd & 4th Wednesday 2:30-4:00pm
509-679-0978

Community Cupboard
219 14th Street, Leavenworth
Monday—Saturday 11am - 5pm
509-548-6727

Entiat Valley Food Bank
2084 Entiat Way (next to City Hall)
Saturday 9:00am - 11:30am with meal
Thursday 5:00pm - 6:30pm
509-888-3999

Lake Chelan Food Bank
417 South Bradley St., Chelan
Tuesday 8:30am- 10am
Saturday 8:30am - 10am
509-433-7776

Mansfield Food Bank
The alley behind City Hall at 26 Main
Every Other Saturday 10am-11am

Rock Island Food Bank
5 N. Garden Ave., Rock Island
Tuesday 9am-11am

Salvation Army
1205 S. Columbia Street, Wenatchee
Monday–Friday 1pm - 3pm
509-662-8864

St. Vincent de Paul Food Bank
600 St. Joseph Place, Wenatchee
Saturday 8am - 10am
509-667-7837

Waterville Food Bank
413 S. Central, Waterville
1st & 3rd Thursday 2:30pm - 4pm
509-745-9120

Wenatchee Food Bank
504 S. Chelan, Wenatchee
Thursday 9am - 11am
509-663-4333

Food pantry hours may change without advanced notice.
THANK YOU!

We appreciate our generous supporters who make it possible for us to make a difference in the lives of our neighbors.

◊ 2nd Harvest
◊ Abby's Pizza
◊ Agape Healing Arts
◊ Applebee's
◊ Apple Valley Gymnastics
◊ Anderson Family Farm
◊ Apple Sox
◊ Apple Valley Honda
◊ Apple Valley Kiwanis
◊ Ballard Ambulance
◊ Banner Bank
◊ Bimbo Bakery
◊ Blake Suzelis Holistic Counselor
◊ Blossom Creek
◊ Blossom Valley
◊ Blue Star
◊ Bob's Burgers & Brews
◊ Candy Whaley
◊ Cascade Auto Center & Subaru
◊ Cascade Soaring Society
◊ Cashmere United Methodist Church
◊ Cashmere Valley Bank
◊ Celebration Lutheran Church
◊ Chmelik Sitkin & Davis
◊ Colette Shrader
◊ Columbia Valley Community Health
◊ Community Foundation of North Central Washington
◊ Con Agra
◊ Confluence Health
◊ Cordell, Neher & Company, PLLC
◊ COSTCO Wholesale
◊ Cottage Inn
◊ Country Inn Restaurant
◊ Crunch Pak
◊ DC Democrats
◊ Delta Kappa Gamma
◊ Denny's
◊ Dogwise
◊ D'Olivo
◊ Easy Auto Wash
◊ El Porton Restaurant
◊ El Rinconsito Restaurant
◊ Encouraging Words
◊ Entiat Valley Community Services
◊ Faith Lutheran Church
◊ Fielding Hills Winery
◊ Firehouse Pet Shop
◊ Frank J. Kuntz CPA, PS
◊ Fred Meyer
◊ Garlini's Napoletana
◊ Glaze Bakery
◊ Grace Lutheran Church
◊ Greenleaf Massage
◊ Highgate Senior Living
◊ Horan Estates
◊ Hurst Chiropractic
◊ Icicle Brewing Company
◊ India House Restaurant
◊ Inspirations Ceramic Art Café
◊ Ironfist Fabrication
◊ Jeffers, Danielson, Sonn, & Aylward, P.S.
◊ Karissa Bruggman
◊ Kelley Imaging
◊ Kerry & Cris Lease Family Foundation
◊ Lacey Moen
◊ Lemolo Café and Deli
◊ Liberty Orchards
◊ Molina Healthcare
◊ McDougall & Sons
◊ Names Family Foundation
◊ NCW Foundation for Youth
◊ NCW Life
◊ North Central Regional Library
◊ Northwest Harvest
◊ Numerica PAC
◊ Ohme Garden
◊ Olive Garden
◊ PA&E
◊ PEO-Chapter Zeta
◊ Peoples Bank
◊ Pickle Papers
◊ Pizza Hut
◊ Plaza Wenatchee
◊ Plumbers and Pipefitters Local 32, Wenatchee
◊ Pybus Bistro
◊ Pybus Public Market
◊ Rent Wenatchee
◊ Riverfront Rock Gym
◊ Run Wenatchee
◊ Safeway Stores
◊ Sangster Motors Inc.
◊ Savvy Suds
◊ Smart Foodservices
◊ Smart Foodservices Charitable Foundation
◊ SOUTH
◊ Starbucks
◊ State Farm-Tom Paul
◊ Stemilt Creek Winery
◊ Stones Gastropub
◊ Sun Basin Theaters
◊ Target
◊ Ted DeMarce
◊ Telford’s
◊ The Wild Huckleberry
◊ Tree Top
◊ Tumbleweed Bead Co.
◊ USPS
◊ Vanessa VanDoren
◊ Valley Plastic Surgery
◊ Visconti’s Italian Restaurant
◊ Washington Apple Education Foundation
◊ Washington State Patrol
◊ Weeds Café
◊ Wenatchee Brethren Baptist Church United
◊ Wenatchee Chamber of Commerce
◊ Wenatchee Downtown Kiwanis
◊ Wenatchee Valley Senior Activity Center
◊ Wenatchee Valley Shuttle
◊ Wenatchee Valley Starbucks Coffee Co.
◊ Wenatchee World
◊ Weinstein Beverage
◊ Woods Foundation
◊ Worx Gym
◊ The many individual community members!

If we have forgotten to properly thank you, please let us know!

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**Our Invaluable Funders and Stakeholders**

- Cascade Natural Gas
- Chelan County
- Chelan County PUD
- City of Wenatchee
- Corporation for National and Community Service
- Douglas County PUD
- United Way of Chelan and Douglas Counties
- US Department of Energy
- US Department of Health and Human Services
- US Department of Housing and Urban Development
- Washington State Department of Agriculture
- Washington State Department of Commerce
- Washington State Department of Early Learning
- Washington State Department of Ecology
- Washington State Department of Social and Health Services
- Washington State RSVP
Get involved!

Thank you for reading our annual update to the community. Being involved and informed helps create a better connected and caring community, and creating this publication is one way we strive to help you stay connected to your community and our work.

We hope the information contained will inspire you to volunteer, give and/or advocate for our neighbors. Research indicates approximately 40% of our residents either live in poverty or do not earn enough to meet basic living expenses. Did you know the Federal Poverty Income Guideline for our region is a family of four making less than $25,000/year? Of the 42,701 households in Chelan and Douglas Counties, 17,080 do not have an income sufficient to meet the basic living expenses.

The programs we operate help thousands of our neighbors meet simple needs, providing hope and an opportunity to improve themselves, their children and their children’s children. When we break the cycle of poverty, we all win. We hope you will join us in this battle, because each day, step by step, we are changing lives.

If you are interested in learning more, becoming involved, or supporting our work in a way which inspires you, please call or stop by our office. We look forward to hearing from you. Thank you.

620 Lewis Street
Wenatchee, WA 98801
Phone (509) 662-6156
Fax (509) 662-1737
www.cdcac.org

Chelan-Douglas Community Action Council is a 501(c)3 charitable organization.
Federal Tax Number 91-6064514

@CDCAC65
@cdcommunityaction
DONATION FORM

Name: ___________________________ Date: ________________
Address: ________________________________________________ City, State, Zip: ____________
Phone: __________________________ Email: ______________________

CATEGORIES AND FUNDS

Please select an amount, frequency and category.

Donation Amount: ☐ $5 ☐ $10 ☐ $25 ☐ $50 ☐ $100 ☐ $500 ☐ $1000 ☐ $5000 ☐ Other___________

Donation Frequency: ☐ One-Time Donation ☐ Recurring Donation: Begin on the ☐ 15th ☐ 20th of _______ and each month thereafter. If left unchecked, any donation will go to “where most needed.”

☐ Where Most Needed ☐ Retired Senior Volunteer Program (RSVP) ☐ Housing ☐ Food Bank
☐ Literacy Council ☐ Intermountain AmeriCorps (IMAC) ☐ Weatherization ☐ Energy Assistance
☐ Weatherization ☐ Wenatchee Community Center ☐ Other community programs

PAYMENT INFORMATION

Please select “Bank Information” or “Credit Card Information” and provide corresponding information.

☐ BANK INFORMATION: ☐ Checking ☐ Savings
Name on Account: __________________________________________
Bank Name: ________________________________________________
Routing Number: ___________________________ Account Number: ___________________________
Amount: $_______ ☐ One-time ☐ Monthly on the ☐ 1st ☐ 15th of each month beginning:
Month: ___________ Day: ___________ Year: ___________
Signature: ___________________________ Date: ___________________________

☐ CREDIT CARD INFORMATION:
Name on Card: ____________________________________________
Card Number: ____________________________________________
Expiration date: (mo. year) _____ _____ Card Security Code: _____
Amount $_______ ☐ One-time ☐ Monthly on the ☐ 1st ☐ 15th of each month beginning:
Month: ___________ Day: ___________ Year: ___________
Signature: ___________________________ Date: ___________________________

☐ I hereby authorize Chelan-Douglas Community Action Council (CDCAC) to collect from my Account the above amount. By checking the box, I acknowledge that my account will be charged as outlined above and that payment is to be made when billed in accordance with the standard policy of the account holder’s bank. If this transaction is a donation, it is considered non-refundable. If I need to request a refund of a donation, or cancel a donation, I agree to contact CDCAC as soon as possible to make the request, knowing that there may be circumstances that prevent such a refund from being made. All such requests must be made in writing to Chelan-Douglas Community Action Council and hand-delivered or mailed to 620 Lewis St. Wenatchee, WA 98801.